

**New York State Education law** requires that *all* students participating in interscholastic athletics must have a yearly physical examination.

In order for your child to participate on an interscholastic athletic team, the following must be completed:

A completed physical performed by your family physician using the approved East Islip School District form. *Or;*

A completed sports screening performed by the East Islip Middle School nurses and a physical performed by the East Islip School Districts School physician, Dr. Gregory Puglisi, M.D. A screening is a workup done by the nurses as part of the physical. A screening must precede the sports physical. Students who have their physical performed by their family physician do **NOT** need to come to the sports screening or physical.

- 1) New York State regulations also require a sports candidate questionnaire, (orange card) to be completed, signed by the student and parent, and submitted to the school nurse before the start of each sports season.

Absol